

PLEASE PUT IN THE CURRENT PROGRAM SECTION OF THE WEBSITE

**Would you like to improve your confidence
and learn how to be more assertive?**

Come along to our

SELF-ESTEEM PROGRAM FOR WOMEN

BUILDING YOUR INNER STRENGTHS



WHEN: Tuesday mornings

DATES: 21st October → 25th November 2008

TIME: 10.00 am - 12 pm

WHERE: Singleton Family Support

DURATION: 6 weeks

BOOKINGS: 65 724288

NO COST.

CHILDCARE PROVIDED.

**For more information please contact us at
Singleton Family Support
Old Nurses Home
Boonal Street
SINGLETON**